

## Young-Shannon Continues to Intersect High Grade Gold On McMillan Gold Mine Property

March 1, 2007

**Young-Shannon Gold Mines, Limited (GYS-TSX.V)** is pleased to report impressive gold assay results from continued diamond drilling completed on the Company's McMillan Gold Mine ("McMillan") optioned claims located near the town of Espanola in northern Ontario, Canada. Three diamond drill holes, MM-06-01, MM-06-02, and MM-06-03 totalling 1,606 metres (5,267 ft.) were completed during this recent campaign.

Two of the three diamond drill holes were targeted to test along-strike and down-dip extensions to gold zones defined in drilling campaigns in 2005 and 2006. Of particular interest in this drilling program was to test the vicinity of diamond drill hole MM-05-13 where a gold zone was intersected in April, 2006 which averaged down hole grades and widths of 7.21 g/t gold over 21.3 metres including sections of 8.12 g/t gold over 4.60 metres, and 14.96 g/t gold over 8.60 metres, including 22.65 g/t gold over 4.70 metres, 27.72 g/t gold over 3.10 metres, and 35.70 g/t gold over 2.10 metres (see Young-Shannon's Press Release of May 31, 2006).

Highlights of this recent phase of drilling are summarized in the table below:

| Hole No.                                    | Interval (metres) | Core length Intersection (metres) | Au (g/tonne) |
|---|-------------------|-----------------------------------|--------------|
| <b>MM-06-01</b>                             | 423.00-424.25     | 1.25                              | 4.21         |
|   | 438.00-439.00     | 1.00                              | 11.11        |
|   | 448.90-449.25     | 0.35                              | 3.34         |
|   | 452.70-453.00     | 0.30                              | 17.39        |
| <b>MM-06-02<br/>including<br/>including</b> | 491.30-493.15     | 1.85                              | 4.29         |
|   | 491.30-491.60     | 0.30                              | 13.82        |
|   | 492.85-493.15     | 0.30                              | 12.00        |
|   | 514.40-514.70     | 0.30                              | 8.91         |

Fire assays using 30 gm pulp by Swastika Laboratories Ltd., Swastika, Ontario.  
Blanks and standard samples are inserted for quality control and assurance.

Assay results showed that the gold zone intersected in drill hole MM-05-13 continued at depth. Drill hole **MM-06-02** was collared 7 metres north of MM-05-13 at a steeper inclination angle and tested this gold zone approximately **160 metres (525 ft.) down-dip**. It intersected **4.29 g/t (0.14 oz.) gold over 1.85 metres including one section of 13.82 g/t (0.44 oz.) gold over 0.3 metres, and a second section of 12.00 g/t (0.38 oz.) gold over 0.3 metres**. It is important to note that this gold zone resides within a zone

approximately 43 metres wide of silica flooding and quartz-carbonate veining within sheared, brecciated, and altered argillaceous sediments and arenites comprising approximately 10% sulphides of arsenopyrite, pyrrhotite, and pyrite - host rocks that are identical to the gold zone intersected up-dip in drill hole MM-05-13.

Approximately 21 metres down hole from this gold zone another narrow zone of quartz veining assayed **8.91 g/t (0.28 oz.) gold over 0.3 metres**, with associated arsenopyrite, pyrrhotite, and pyrite.

Diamond drill hole **MM-06-01** was collared 100 metres (328 ft.) westward along strike of diamond drill hole MM-05-05, completed in 2005, and 142 metres (466 ft.) westward along strike of drill hole MM-05-13. Drill hole MM-05-05 intersected 8.72 g/t (0.27 oz.) gold over 1.3 metres including one section of 27.22 g/t (0.87 oz.) gold over 0.3 metres (see Young-Shannon's Press Release of March 8, 2005).

Drill hole MM-06-01 intersected the same gold zone as drill hole MM-05-05 at approximately the same depth from surface, but due to the drill azimuth being oriented slightly east with respect to the azimuth of drill hole MM-05-05, the westward strike extent at depth was approximately 46 metres (151 ft.) from MM-05-05. Gold intersections in drill hole MM-06-01 included **4.21 g/t (0.13 oz.) gold over 1.25 metres** hosted by approximately 8 metres of intense silica flooding with 10% arsenopyrite, pyrrhotite, and pyrite mineralization.

Approximately 14 metres down hole from this gold zone another zone of quartz veining assayed **11.11 g/t (0.35 oz.) gold over 1.0 metres** with associated arsenopyrite and pyrrhotite mineralization.

A further 10 metres (approximately) down hole another zone of **3.34 g/t (0.11 oz.) gold over 0.35 metres** associated with quartz-carbonate veining and approximately 7% sulphide mineralization as arsenopyrite and pyrrhotite was intersected.

Another 3 metres (approximately) down hole from the above zone drilling intersected **17.39 g/t (0.55 oz.) gold over 0.30 metres** in quartz veining with arsenopyrite mineralization.

This gold zone, combined with the high grade gold intersected in diamond drill holes MM-05-05, MM-05-13, and MM-05-06 (see Young-Shannon's Press Release of May 24, 2005) sequentially eastward along strike **defines a strike length of high grade gold mineralization of at least 550 ft. (168 m), which remains open in all directions.**

Diamond drill hole MM-06-03 was collared approximately 10 metres north of drill hole MM-05-05 with a slightly different azimuth and inclination than MM-05-05. Its purpose was to test the strong IP chargeability high identified from the July 2005 down hole IP inversion modelling which showed a target occurring off the end (at a greater depth) of drill hole MM-05-05.

Drill hole MM-06-03 intersected a zone of approximately 14 metres of sheared, altered argillites with up to 40% silica flooding and quartz-carbonate veining at 473 metres down hole, which correlates with mineralization in drill hole MM-05-05. Sulphide content here was approximately 2% and comprised pyrrhotite and pyrite. The best gold grade was 1.17 g/t (0.04 oz.) over 0.5 metres. The drill hole was extended to 552 metres, however, no significant sulphides were observed that could explain the IP anomaly. It is conceivable that this drill hole was not extended far enough.

The down hole IP geophysical from 2005 successfully identified the target which led to the intersections of high grade gold in drill holes MM-06-01, MM-05-05, and particularly MM-05-13. This target extends to the east, and based on extrapolation of these three drill holes, appears to be widening to the east. It has yet to be tested. As noted in Young-Shannon's Press Release of August 15, 2005, "the new geophysical target also extends to the east, where the measured chargeability **increases by a factor of two** within a zone that is at least 30 metres wide. The geometry shows the target plunging steeply to the east and is open at depth."

A future campaign of geophysics and diamond drilling is being planned to continue to define the high grade gold zone.

Gold was first discovered on the McMillan property in the early 1920's. Shaft sinking and underground exploration were carried out in the late 1920's, with the shaft reaching 900 feet in depth. A 125 ton per day mill was subsequently built and operated until 1937. The mine produced 60,000 tons of ore at a recovered grade of 0.18 ounces per ton. Historical records indicate that mineralization continued below the 900 foot level, but a grade of 0.20 ounces per ton was considered uneconomic at that time. In 1985/86 the mine was dewatered and sampled underground. Sampling from different underground stopes ranged from 0.07 ounces per ton to 0.48 ounces per ton. Based on these results, a work program consisting of underground diamond drilling to determine vein continuity, and to locate areas of undeveloped gold bearing zones was recommended at that time, however, due to lack of funding, the program was not carried out. The April 2004 program of diamond drilling was based on results of the 1985/86 sampling program, and on testing geophysical targets from a 1996 vertical loop electromagnetic (EM) survey that may indicate extensions to the mine area.

The McMillan claims comprise 34 unpatented mining claim units in Mongowin and McKinnon townships, located approximately 14 kilometres south of the town of Espanola, Ontario on the north shore of House Lake.

Young-Shannon's option agreement with MBMI was entered into in November, 2004 and enables the Company to earn a 50% interest in the McMillan property over a three year period for staged payments of \$75,000 in cash and 650,000 common shares plus a three year work commitment of \$900,000. Young-Shannon has the option to increase its interest to 60% by issuing an additional 250,000 common shares and spending \$400,000 more on the property.

In other corporate news Young-Shannon is pleased to announce that Robert Suttie has been appointed as the Company's Chief Financial Officer (CFO) effective February 1, 2007. Robert is currently employed as manager of accounting for Duguay & Ringler Accounting Services. Mr. Suttie has over eight years experience in public accounting, including three years at BDO Dunwoody, LLP auditing junior resource public companies.

As part of Mr. Suttie's compensation the Company has agreed to grant him a 100,000 share option out of the company's stock option plan at a price of \$0.135 and valid for a period of five years.

Young-Shannon Gold Mines, Limited is a precious metals exploration company which holds a group of patented and unpatented claims within Chester Township located west of Highway 144 midway between Sudbury and Timmins, Ontario. It also has an option to earn a 60 % interest in the McMillan Gold Mine property, located 75 kilometres southwest of the Greater City of Sudbury. Young-Shannon Gold Mines, Limited has 31,170,078 common shares outstanding and is listed on the TSX Venture Exchange under the symbol GYS.

Greg Lipton, P. Geo. is the qualified person for the Company as required under National Instrument 43-101. He is a member of the Association of Professional Geoscientists of Ontario (APGO).

Further details may be obtained from our website: [www.youngshannon.com](http://www.youngshannon.com)

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*This press release contains certain forward-looking statements. While these forward-looking statements represent our best current judgment, they are subject to a variety of risks and uncertainties that are beyond the company's ability to control or predict and which could cause actual events or results to differ materially from those anticipated in such forward-looking statements. Accordingly, readers should not place undue reliance on forward-looking statements.*

*No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.*